SEAGER SLABAUGH HANSEN

9th EDITION

CHEMISTRY GENERAL, ORGANIC, AND BIOCHEMISTRY

Copyright 2018 Cengage Learning. All Rights Reserved. May not be copied, scanned, or duplicated, in whole or in part. WCN 02-200-203

Chemistry for Today

General, Organic, and Biochemistry

Spencer L. Seager

University of South Dakota Weber State University

Michael R. Slabaugh

University of South Dakota Weber State University

Maren S. Hansen

West High School, Salt Lake City, UT



Australia • Brazil • Mexico • Singapore • United Kingdom • United States

This is an electronic version of the print textbook. Due to electronic rights restrictions, some third party content may be suppressed. Editorial review has deemed that any suppressed content does not materially affect the overall learning experience. The publisher reserves the right to remove content from this title at any time if subsequent rights restrictions require it. For valuable information on pricing, previous editions, changes to current editions, and alternate formats, please visit <u>www.cengage.com/highered</u> to search by ISBN, author, title, or keyword for materials in your areas of interest.

Important notice: Media content referenced within the product description or the product text may not be available in the eBook version.



Chemistry for Today: General, Organic, and Biochemistry, Ninth Edition Spencer L. Seager, Michael R. Slabaugh

Product Director: Dawn Giovanniello Product Manager: Courtney Heilman Content Developer: Peter McGahey Product Assistant: Anthony Bostler Media Developer: Elizabeth Woods Marketing Manager: Ana Albinson Content Project Manager: Teresa L Trego Art Director: Sarah B. Cole Manufacturing Planner: Judy Inouye Production Service: MPS Limited Photo Researcher: Lumina Datamatics Text Researcher: Lumina Datamatics Copy Editor: MPS Limited Text Designer: Hespenheide Design Cover Designer: Delgado and Company

Cover Image: Paul Souders/Getty Images Compositor: MPS Limited

© 2018, 2014, Cengage Learning

ALL RIGHTS RESERVED. No part of this work covered by the copyright herein may be reproduced or distributed in any form or by any means, except as permitted by U.S. copyright law, without the prior written permission of the copyright owner.

For product information and technology assistance, contact us at Cengage Learning Customer & Sales Support, 1-800-354-9706

For permission to use material from this text or product, submit all requests online at **www.cengage.com/permissions** Further permissions questions can be e-mailed to **permissionrequest@cengage.com**

Library of Congress Control Number: 2016952183

Student Edition: ISBN: 978-1-305-96006-0

Loose-leaf Edition: ISBN: 978-1-305-96870-7

Cengage Learning

20 Channel Center Street Boston, MA 02210 USA

Cengage Learning is a leading provider of customized learning solutions with employees residing in nearly 40 different countries and sales in more than 125 countries around the world. Find your local representative at **www.cengage.com**

Cengage Learning products are represented in Canada by Nelson Education, Ltd.

To learn more about Cengage Learning Solutions, visit www.cengage.com

Purchase any of our products at your local college store or at our preferred online store **www.cengagebrain.com**

Printed in the United States of America Print Number: 01 Print Year: 2016

To our grandchildren:

Nate and Braden Barlow, Megan and Bradley Seager, and Andrew Gardner

Alexander, Annie, Charlie, Christian, Elyse, Foster, Megan, and Mia Slabaugh, Addison, Hadyn, and Wyatt Hansen

About the Authors



Spencer L. Seager

Spencer L. Seager retired from Weber State University in 2013 after serving for 52 years as a chemistry department faculty member. He served as department chairman from 1969 until 1993. He taught general and physical chemistry at the university. He was also active in projects designed to help improve chemistry and other science education in local elementary schools. He received his B.S. in chemistry and Ph.D. in physical chemistry from the University of Utah. He currently serves as an adjunct professor at Weber State and the University of South Dakota where he teaches online courses in general chemistry, elementary organic chemistry, and elementary biochemistry.

Michael R. Slabaugh

Michael R. Slabaugh is an adjunct professor at the University of South Dakota and at Weber State University, where he teaches the yearlong sequence of general chemistry, organic chemistry, and biochemistry. He received his B.S. degree in chemistry from Purdue University and his Ph.D. degree in organic chemistry from Iowa State University. His interest in plant alkaloids led to a year of postdoctoral study in biochemistry at Texas A&M University. His current professional interests are chemistry education and community involvement in science activities, particularly the State Science and Engineering Fair in Utah. He also enjoys the company of family, hiking in the mountains, and fishing the local streams.

Maren S. Hansen

Maren S. Hansen is a science teacher at West High School, where she teaches honors biology. She has also taught AP biology and biology in the International Baccalaureate Program. She received her B.A. and master of education degrees from Weber State University. Her professional interests have focused upon helping students participate in Science Olympiad and Science Fair. Other interests include adventure travel, mountain hiking, gardening, and the company of friends and family. She hopes to share her love of science with her two children.

Brief Contents

Chapter 1

Matter, Measurements, and Calculations 2

Chapter 2 Atoms and Molecules 46

Chapter 3 Electronic Structure and the Periodic Law 72

Chapter 4 Forces between Particles 100

Chapter 5 Chemical Reactions 144

Chapter 6 The States of Matter 174

Chapter 7 Solutions and Colloids 210

Chapter 8 Reaction Rates and Equilibrium 250

Chapter 9 Acids, Bases, and Salts 276

Chapter 10 Radioactivity and Nuclear Processes 322

Chapter 11 Organic Compounds: Alkanes 352

Chapter 12 Unsaturated Hydrocarbons 390 Chapter 13 Alcohols, Phenols, and Ethers 424

Chapter 14 Aldehydes and Ketones 458

Chapter 15 Carboxylic Acids and Esters 488

Chapter 16 Amines and Amides 516

Chapter 17 Carbohydrates 548

Chapter 18 Lipids 582

Chapter 19 Proteins 610

Chapter 20 Enzymes 642

Chapter 21 Nucleic Acids and Protein Synthesis 668

Chapter 22 Nutrition and Energy for Life 702

Chapter 23 Carbohydrate Metabolism 732

Chapter 24 Lipid and Amino Acid Metabolism 760

Chapter 25 Body Fluids 788

Contents

Chapter 1

Matter, Measurements, and Calculations 2

- 1.1 What Is Matter? 4
- 1.2 Properties and Changes 5
- 1.3 A Model of Matter 7
- **1.4** Classifying Matter 10
- 1.5 Measurement Units 13
- **1.6** The Metric System 14
- 1.7 Large and Small Numbers 19
- **1.8** Significant Figures 22
- 1.9 Using Units in Calculations 27
- 1.10 Calculating Percentages 29

1.11 Density 30

- Concept Summary 35
- Key Terms and Concepts 36
- Key Equations 36
- Exercises 37
- Additional Exercises 43
- Chemistry for Thought 43
- Allied Health Exam Connection 44

Case Study 2

- CHEMISTRY AROUND US 1.1 A Central Science 5 CHEMISTRY AROUND US 1.2 Are Chemicals Getting a Bad Rap? 6
- **CHEMISTRY AROUND US 1.3** Effects of Temperature on Body Function *19*

STUDY SKILLS 1.1 Help with Calculations 30

- **CHEMISTRY TIPS FOR LIVING WELL 1.1** Choose Wisely for Health Information *32*
- ASK AN EXPERT 1.1 Does food density matter when you're trying to lose weight? 34
- Case Study Follow-up 35

Chapter 2

Atoms and Molecules 46

- 2.1 Symbols and Formulas 47
- 2.2 Inside the Atom 50
- 2.3 Isotopes 52
- 2.4 Relative Masses of Atoms and Molecules 53

- 2.5 Isotopes and Atomic Weights 57
- 2.6 Avogadro's Number: The Mole 58
- 2.7 The Mole and Chemical Formulas 63
 Concept Summary 65
 Key Terms and Concepts 66
 Exercises 66
 Additional Exercises 69
 Chemistry for Thought 69
 Allied Health Exam Connection 70
 Case Study 46
 CHEMISTRY AROUND US 2.1 Chemical Elements in the Human Body 49
 CHEMISTRY AROUND US 2.2 Looking at Atoms 51
 ASK A PHARMACIST 2.1 Uprooting Herbal Myths 54
 CHEMISTRY TIPS FOR LIVING WELL 2.1 Take Care of Your Bones 55
 STUDY SKILLS 2.1 Help with Mole Calculations 64

Chapter 3

Electronic Structure and the Periodic Law 72

3.1 The Periodic Law and Table 73

Case Study Follow-up 65

- 3.2 Electronic Arrangements in Atoms 75
- **3.3** The Shell Model and Chemical Properties *78*
- 3.4 Electronic Configurations 80
- 3.5 Another Look at the Periodic Table 84
- **3.6** Property Trends within the Periodic Table 89 Concept Summary 94

Concept Summary 34

- Key Terms and Concepts 95
- Exercises 95
- Additional Exercises 97
- Chemistry for Thought 97
- Allied Health Exam Connection 98

Case Study 72

CHEMISTRY TIPS FOR LIVING WELL 3.1 Watch the Salt 76

CHEMISTRY AROUND US 3.1 A Solar Future 83

STUDY SKILLS 3.1 The Convention Hotels Analogy 87

CHEMISTRY AROUND US 3.2 Transition and Inner-Transition Elements in Your Smart Phone 89 Case Study Follow-up 94

Chapter 4

Forces between Particles 100

- 4.1 Noble Gas Configurations 101
- 4.2 Ionic Bonding 103
- 4.3 Ionic Compounds 105
- 4.4 Naming Binary Ionic Compounds 108
- 4.5 The Smallest Unit of Ionic Compounds 110
- 4.6 Covalent Bonding 111
- 4.7 Polyatomic lons 116
- 4.8 Shapes of Molecules and Polyatomic Ions 118
- 4.9 The Polarity of Covalent Molecules 122
- 4.10 More about Naming Compounds 126
- 4.11 Other Interparticle Forces 129
 - Concept Summary 134
 - Key Terms and Concepts 135
 - Exercises 136
 - Additional Exercises 140
 - Chemistry for Thought 140
 - Allied Health Exam Connection 141
 - Case Study 100
 - **CHEMISTRY TIPS FOR LIVING WELL 4.1** Consider the Mediterranean Diet 107
 - **CHEMISTRY AROUND US 4.1** Water: One of Earth's Special Compounds *113*
 - ASK A PHARMACIST 4.1 Are All Iron Preparations Created Equal? 123
 - **STUDY SKILLS 4.1** Help with Polar and Nonpolar Molecules *127*
 - CHEMISTRY AROUND US 4.2 Ozone: Good up High, Bad Nearby 131 Case Study Follow-up 134

Chapter 5

Chemical Reactions 144

- 5.1 Chemical Equations 145
- **5.2** Types of Reactions 147
- 5.3 Redox Reactions 148
- 5.4 Decomposition Reactions 151
- 5.5 Combination Reactions 152
- 5.6 Replacement Reactions 153
- 5.7 Ionic Equations 155

- 5.8 Energy and Reactions 157
- **5.9** The Mole and Chemical Equations 158
- 5.10 The Limiting Reactant 161
- 5.11 Reaction Yields 163 Concept Summary 165 Key Terms and Concepts 165 Key Equations 166 Exercises 166 Additional Exercises 170 Chemistry for Thought 170 Allied Health Exam Connection 171 Case Study 144

CHEMISTRY TIPS FOR LIVING WELL 5.1 Add Color to Your Diet *156*

CHEMISTRY AROUND US 5.1 Teeth Whitening 159

CHEMISTRY AROUND US 5.2 Electric Cars 162 STUDY SKILLS 5.1 Help with Oxidation Numbers 163 Case Study Follow-up 164

Chapter 6

The States of Matter 174

- 6.1 Observed Properties of Matter 176
- 6.2 The Kinetic Molecular Theory of Matter 178
- 6.3 The Solid State 179
- 6.4 The Liquid State 180
- 6.5 The Gaseous State 180
- 6.6 The Gas Laws 181
- 6.7 Pressure, Temperature, and Volume Relationships 184
- 6.8 The Ideal Gas Law 189
- 6.9 Dalton's Law 191
- 6.10 Graham's Law 192
- 6.11 Changes in State 192
- 6.12 Evaporation and Vapor Pressure 193
- 6.13 Boiling and the Boiling Point 195
- 6.14 Sublimation and Melting 196
- 6.15 Energy and the States of Matter 197 Concept Summary 202 Key Terms and Concepts 203 Key Equations 203 Exercises 203
 - Additional Exercises 207
 - Chemistry for Thought 207
 - Allied Health Exam Connection 207

Case Study 174

CHEMISTRY TIPS FOR LIVING WELL 6.1 Get an Accurate Blood Pressure Reading 184
ASK A PHARMACIST 6.1 Zinc for Colds? 188
CHEMISTRY AROUND US 6.1 Air Travel 195
CHEMISTRY AROUND US 6.2 Therapeutic Uses of Oxygen Gas 198
STUDY SKILLS 6.1 Which Gas Law to Use 200
Case Study Follow-up 201

Chapter 7

Solutions and Colloids 210

- 7.1 Physical States of Solutions 211
- 7.2 Solubility 212
- 7.3 The Solution Process 216
- 7.4 Solution Concentrations 220
- 7.5 Solution Preparation 224
- 7.6 Solution Stoichiometry 227
- 7.7 Solution Properties 229
- **7.8** Colloids 235
- 7.9 Dialysis 238
 - Concept Summary 241
 - Key Terms and Concepts 241
 - Key Equations 242

Exercises 242

- Additional Exercises 247
- Chemistry for Thought 247 Allied Health Exam Connection 247
- Case Study 210

CHEMISTRY TIPS FOR LIVING WELL 7.1 Stay Hydrated 222

STUDY SKILLS 7.1 Getting Started with Molarity Calculations 234

CHEMISTRY AROUND US 7.1 Health Drinks 237 CHEMISTRY AROUND US 7.2 CO₂ Emissions: A Blanket around the Earth 239 Case Study Follow-up 240

Chapter 8

Reaction Rates and Equilibrium 250

- 8.1 Spontaneous and Nonspontaneous Processes 251
- 8.2 Reaction Rates 253
- 8.3 Molecular Collisions 254
- 8.4 Energy Diagrams 257
- viii Contents

- 8.5 Factors That Influence Reaction Rates 258
- 8.6 Chemical Equilibrium 260
- **8.7** The Position of Equilibrium *262*
- 8.8 Factors That Influence Equilibrium Position 264 Concept Summary 267 Key Terms and Concepts 268 Key Equations 268 Exercises 268 Additional Exercises 273 Chemistry for Thought 273 Allied Health Exam Connection 273 Case Study 250 ASK A PHARMACIST 8.1 Energy for Sale 255 CHEMISTRY TIPS FOR LIVING WELL 8.1 Use Your Phone to Help You Stay Healthy 261 CHEMISTRY AROUND US 8.1 Why "Cold" Does Not Exist 265 **STUDY SKILLS 8.1** Le Châtelier's Principle in Everyday Life 267 Case Study Follow-up 267

Chapter 9

Acids, Bases, and Salts 276

- 9.1 The Arrhenius Theory 277
- 9.2 The Brønsted Theory 278
- 9.3 Naming Acids 279
- 9.4 The Self-Ionization of Water 281
- 9.5 The pH Concept 283
- 9.6 Properties of Acids 286
- 9.7 Properties of Bases 290
- 9.8 Salts 291
- 9.9 The Strengths of Acids and Bases 294
- 9.10 Analyzing Acids and Bases 300
- 9.11 Titration Calculations 302
- 9.12 Hydrolysis Reactions of Salts 304
- 9.13 Buffers 305
 - Concept Summary 310
 - Key Terms and Concepts 311
 - Key Equations 311
 - Exercises 311
 - Additional Exercises 318
 - Chemistry for Thought 318
 - Allied Health Exam Connection 319
 - Case Study 276

CHEMISTRY AROUND US 9.1 Sinkholes 294

STUDY SKILLS 9.1 Writing Reactions of Acids 298

CHEMISTRY TIPS FOR LIVING WELL 9.1 Beware of Heartburn 299ASK AN EXPERT 9.1 Does diet play a role in peptic ulcer

disease? 308

Case Study Follow-up 309

Chapter 10

Radioactivity and Nuclear Processes 322

10.1 Radioactive Nuclei 323

- 10.2 Equations for Nuclear Reactions 325
- 10.3 Isotope Half-Life 328
- 10.4 The Health Effects of Radiation 329
- 10.5 Measurement Units for Radiation 331
- **10.6** Medical Uses of Radioisotopes 334
- 10.7 Nonmedical Uses of Radioisotopes 335
- 10.8 Induced Nuclear Reactions 337

10.9 Nuclear Energy 340

Concept Summary 345

Key Terms and Concepts 345

Key Equations 346

Exercises 346

Additional Exercises 348

Chemistry for Thought 348

Allied Health Exam Connection 349

Case Study 322

CHEMISTRY AROUND US 10.1 Radiation Exposure in Modern Life *332*

CHEMISTRY TIPS FOR LIVING WELL 10.1 Check the Radon Level in Your Home 336

ASK A PHARMACIST 10.1 Medications to Avoid on Test Day 344

Case Study Follow-up 344

Chapter 11

Organic Compounds: Alkanes 352

- **11.1** Carbon: The Element of Organic Compounds *353*
- **11.2** Organic and Inorganic Compounds Compared *354*
- **11.3** Bonding Characteristics and Isomerism 356
- **11.4** Functional Groups: The Organization of Organic Chemistry *359*

- 11.5 Alkane Structures 361
- 11.6 Conformations of Alkanes 365
- 11.7 Alkane Nomenclature 367
- 11.8 Cycloalkanes 373
- **11.9** The Shape of Cycloalkanes 375
- 11.10 Physical Properties of Alkanes 378
- 11.11 Alkane Reactions 380

Concept Summary 381 Key Terms and Concepts 382 Key Equations 382 Exercises 382 Additional Exercises 388 Chemistry for Thought 388 Allied Health Exam Connection 388 Case Study 352 **STUDY SKILLS 11.1** Changing Gears for Organic Chemistry 356 ASK AN EXPERT 11.1 Is organic food worth the price? 362 CHEMISTRY AROUND US 11.1 Fracking Oil Wells 376 CHEMISTRY TIPS FOR LIVING WELL 11.1 Take Care of Dry Skin 378 CHEMISTRY AROUND US 11.2 Reducing Your Carbon Footprint 380 Case Study Follow-up 381

Chapter 12

Unsaturated Hydrocarbons 390

- **12.1** The Nomenclature of Alkenes *392*
- 12.2 The Geometry of Alkenes 394
- 12.3 Properties of Alkenes 398
- 12.4 Addition Polymers 403
- 12.5 Alkynes 406
- **12.6** Aromatic Compounds and the Benzene Structure *408*
- **12.7** The Nomenclature of Benzene Derivatives *410*
- **12.8** Properties and Uses of Aromatic Compounds 414 Concept Summary 417 Key Terms and Concepts 417 Key Reactions 418 Exercises 418 Additional Exercises 422 Chemistry for Thought 422 Allied Health Exam Connection 423

Case Study 390

CHEMISTRY AROUND US 12.1 Three-Dimensional Printers 396
STUDY SKILLS 12.1 Keeping a Reaction Card File 402
STUDY SKILLS 12.2 A Reaction Map for Alkenes 404
CHEMISTRY AROUND US 12.2 Polycarbonate—The Lucky Polymer 406
HOW REACTIONS OCCUR 12.1 The Hydration of Alkenes: An Addition Reaction 409
CHEMISTRY TIPS FOR LIVING WELL 12.1 Think before Getting Brown 412
ASK A PHARMACIST 12.1 Controlled Substances 413
CHEMISTRY AROUND US 12.3 Graphene 415
Case Study Follow-up 416

Chapter 13

Alcohols, Phenols, and Ethers 424

- **13.1** The Nomenclature of Alcohols and Phenols *426*
- **13.2** Classification of Alcohols *428*
- **13.3** Physical Properties of Alcohols 429
- **13.4** Reactions of Alcohols 431
- 13.5 Important Alcohols 436
- 13.6 Characteristics and Uses of Phenols 440
- 13.7 Ethers 443
- 13.8 Properties of Ethers 444
- 13.9 Thiols 445
- 13.10 Polyfunctional Compounds 448

Concept Summary 449

Key Terms and Concepts 450

- Key Reactions 450
- Exercises 451
- Additional Exercises 455
- Chemistry for Thought 455
- Allied Health Exam Connection 456

Case Study 424

- **HOW REACTIONS OCCUR 13.1** The Dehydration of an Alcohol *433*
- **STUDY SKILLS 13.1** A Reaction Map for Alcohols 438

CHEMISTRY AROUND US 13.1 Alcohol and Antidepressants Don't Mix 439

- ASK A PHARMACIST 13.1 Marijuana: A Gateway Drug 441
- CHEMISTRY TIPS FOR LIVING WELL 13.1 Take Advantage of Hand Sanitizers 442

CHEMISTRY AROUND US 13.2 General Anesthetics 446

Case Study Follow-up 449

Chapter 14

Aldehydes and Ketones 458

- 14.1 The Nomenclature of Aldehydes and Ketones 460
- 14.2 Physical Properties 463
- 14.3 Chemical Properties 465
- 14.4 Important Aldehydes and Ketones 476 Concept Summary 479 Key Terms and Concepts 479 Key Reactions 479 Exercises 480 Additional Exercises 485 Chemistry for Thought 485 Allied Health Exam Connection 486 Case Study 458 CHEMISTRY AROUND US 14.1 Faking a Tan 464 HOW REACTIONS OCCUR 14.1 Hemiacetal Formation 471 STUDY SKILLS 14.1 A Reaction Map for Aldehydes and Ketones 472 CHEMISTRY AROUND US 14.2 Vanilloids: Hot Relief from Pain 474 CHEMISTRY TIPS FOR LIVING WELL 14.1 Get the Right Dose of Exercise 476 Case Study Follow-up 478

Chapter 15

Carboxylic Acids and Esters 488

- 15.1 The Nomenclature of Carboxylic Acids 490
- 15.2 Physical Properties of Carboxylic Acids 491
- 15.3 The Acidity of Carboxylic Acids 493
- 15.4 Salts of Carboxylic Acids 494
- 15.5 Carboxylic Esters 496
- 15.6 The Nomenclature of Esters 500
- 15.7 Reactions of Esters 502
- **15.8 Esters of Inorganic Acids** 505 Concept Summary 508 Key Terms and Concepts 509 Key Reactions 509 Exercises 510 Additional Exercises 514 Chemistry for Thought 514 Allied Health Exam Connection 514 Case Study 488

CHEMISTRY TIPS FOR LIVING WELL 15.1 Consider

Low-Dose Aspirin 503

STUDY SKILLS 15.1 A Reaction Map for Carboxylic Acids 504

HOW REACTIONS OCCUR 15.1 Ester Saponification 505

CHEMISTRY AROUND US 15.1 Nitroglycerin in Dynamite and in Medicine 507 Case Study Follow-up 508

Chapter 16

Amines and Amides 516

- 16.1 Classification of Amines 517
- 16.2 The Nomenclature of Amines 518
- **16.3** Physical Properties of Amines 520
- 16.4 Chemical Properties of Amines 521
- 16.5 Amines as Neurotransmitters 529
- 16.6 Other Biologically Important Amines 532
- **16.7** The Nomenclature of Amides 535
- 16.8 Physical Properties of Amides 536
- 16.9 Chemical Properties of Amides 537
 - Concept Summary 540
 - Key Terms and Concepts 540
 - Key Reactions 540
 - Exercises 541
 - Additional Exercises 545
 - Chemistry for Thought 545
 - Allied Health Exam Connection 546
 - Case Study 516
 - ASK AN EXPERT 16.1 Does caffeine help with weight loss? 519
 - ASK A PHARMACIST 16.1 A Wake-Up Call for Treating Insomnia 524
 - CHEMISTRY AROUND US 16.1 Aspirin Substitutes 528
 - **STUDY SKILLS 16.1** A Reaction Map for Amines 531
 - CHEMISTRY TIPS FOR LIVING WELL 16.1 Try a Little Chocolate 534
 - Case Study Follow-up 539

Chapter 17

Carbohydrates 548

- 17.1 Classes of Carbohydrates 550
- 17.2 The Stereochemistry of Carbohydrates 551
- 17.3 Fischer Projections 555

- 17.4 Monosaccharides 559
- 17.5 Properties of Monosaccharides 560
- 17.6 Important Monosaccharides 566
- 17.7 Disaccharides 567
- 17.8 Polysaccharides 571

Concept Summary 576

Key Terms and Concepts 576

Key Reactions 576

Exercises 577

Additional Exercises 580

Chemistry for Thought 580

Allied Health Exam Connection 580

- Case Study 548
- CHEMISTRY AROUND US 17.1 Sugar-Free Foods and Diabetes 564

STUDY SKILLS 17.1 Biomolecules: A New Focus 568 CHEMISTRY TIPS FOR LIVING WELL 17.1 Put Fiber

- into Snacks and Meals 569
- ASK AN EXPERT 17.1 Is high-fructose corn syrup worse for your health than table sugar? 574

Case Study Follow-up 575

Chapter 18

Lipids 582

- 18.1 Classification of Lipids 584
- 18.2 Fatty Acids 584
- 18.3 The Structure of Fats and Oils 587
- 18.4 Chemical Properties of Fats and Oils 589
- 18.5 Waxes 592
- 18.6 Phosphoglycerides 592
- 18.7 Sphingolipids 594
- 18.8 Biological Membranes 596
- 18.9 Steroids 598
- 18.10 Steroid Hormones 601
- 18.11 Prostaglandins 604
 - Concept Summary 605
 - Key Terms and Concepts 606
 - Key Reactions 606
 - Exercises 607
 - Additional Exercises 608
 - Chemistry for Thought 608
 - Allied Health Exam Connection 609
 - Case Study 582
 - **STUDY SKILLS 18.1** A Reaction Map for Triglycerides 592

CHEMISTRY AROUND US 18.1 Biofuels Move into the Kitchen 599

ASK AN EXPERT 18.1 How significantly can diet really lower cholesterol? 600

CHEMISTRY TIPS FOR LIVING WELL 18.1 Consider Olive Oil 603

Case Study Follow-up 605

Chapter 19

Proteins 610

19.1 The Amino Acids 611

- 19.2 Zwitterions 614
- 19.3 Reactions of Amino Acids 616
- 19.4 Important Peptides 619
- 19.5 Characteristics of Proteins 621
- **19.6** The Primary Structure of Proteins 625
- **19.7** The Secondary Structure of Proteins 626
- 19.8 The Tertiary Structure of Proteins 629
- **19.9** The Quaternary Structure of Proteins 631
- 19.10 Protein Hydrolysis and Denaturation 633

Concept Summary 635

Key Terms and Concepts 636

- Key Reactions 636
- Exercises 637
- Additional Exercises 639
- Chemistry for Thought 639

Allied Health Exam Connection 640

Case Study 610

- ASK AN EXPERT 19.1 Can a higher-protein diet help me lose weight? 617
- **CHEMISTRY TIPS FOR LIVING WELL 19.1** Go for the Good Grains 620
- **CHEMISTRY AROUND US 19.1** Alzheimer's Disease 624
- CHEMISTRY AROUND US 19.2 A Milk Primer 629
- **STUDY SKILLS 19.1** Visualizing Protein Structure 631
- ASK A PHARMACIST 19.1 Who Really Needs Gluten-Free Food? 633
- Case Study Follow-up 635

Chapter 20

Enzymes 642

- 20.1 General Characteristics of Enzymes 643
- 20.2 Enzyme Nomenclature and Classification 645
- 20.3 Enzyme Cofactors 647

- 20.4 The Mechanism of Enzyme Action 649
- **20.5** Enzyme Activity 650
- 20.6 Factors Affecting Enzyme Activity 651
- 20.7 Enzyme Inhibition 653
- 20.8 The Regulation of Enzyme Activity 658
- 20.9 Medical Application of Enzymes 661 Concept Summary 663 Key Terms and Concepts 664 Key Reactions 664 Exercises 664 Additional Exercises 665 Chemistry for Thought 666 Allied Health Exam Connection 666 Case Study 642 CHEMISTRY TIPS FOR LIVING WELL 20.1 Cut Back on Processed Meat 646 ASK A PHARMACIST 20.1 Treatment Options for the Common Cold 648 CHEMISTRY AROUND US 20.1 Enzyme Discovery Heats Up 654 **CHEMISTRY AROUND US 20.2** No Milk Please 656

STUDY SKILLS 20.1 A Summary Chart of Enzyme Inhibitors 660

Case Study Follow-up 663

Chapter 21

Nucleic Acids and Protein Synthesis 668

- 21.1 Components of Nucleic Acids 670
- 21.2 The Structure of DNA 672
- 21.3 DNA Replication 676
- 21.4 Ribonucleic Acid (RNA) 680
- 21.5 The Flow of Genetic Information 683
- 21.6 Transcription: RNA Synthesis 684
- 21.7 The Genetic Code 686
- 21.8 Translation and Protein Synthesis 689
- 21.9 Mutations 692
- 21.10 Recombinant DNA 692

Concept Summary 697

Key Terms and Concepts 698

Exercises 698

- Additional Exercises 700
- Chemistry for Thought 700
- Allied Health Exam Connection 700

Case Study 668 CHEMISTRY AROUND US 21.1 The Clone Wars 681

CHEMISTRY AROUND US 21.2 Is There a DNA Checkup in Your Future? 686

STUDY SKILLS 21.1 Remembering Key Words 688

CHEMISTRY AROUND US 21.3 Stem Cell Research 690

CHEMISTRY AROUND US 21.4 DNA and the Crime Scene 694

CHEMISTRY TIPS FOR LIVING WELL 21.1 Reduce Your Chances for Developing Cancer 696 Case Study Follow-up 697

Chapter 22

Nutrition and Energy for Life 702

- 22.1 Nutritional Requirements 703
- 22.2 The Macronutrients 705
- 22.3 Micronutrients I: Vitamins 708
- 22.4 Micronutrients II: Minerals 712
- 22.5 The Flow of Energy in the Biosphere 713
- **22.6** Metabolism and an Overview of Energy Production *715*
- 22.7 ATP: The Primary Energy Carrier 718
- 22.8 Important Coenzymes in the Common Catabolic Pathway 722 Concept Summary 727
 - Key Terms and Concepts 728
 - Key Reactions 728
 - Exercises 729
 - Additional Exercises 730
 - Chemistry for Thought 731
 - Allied Health Exam Connection 731
 - Case Study 702

CHEMISTRY AROUND US 22.1 The 10 Most Dangerous Foods to Eat While Driving 710

- **CHEMISTRY TIPS FOR LIVING WELL 22.1** Select a Heart-Healthful Diet *711*
- ASK A PHARMACIST 22.1 Sport Supplements: Where Is My Edge? 716
- STUDY SKILLS 22.1 Bioprocesses 720
- **CHEMISTRY AROUND US 22.2** Calorie Language 721
- ASK AN EXPERT 6.1 Is it better to take a fiber supplement or to eat fiber-fortified foods? 726
- Case Study Follow-up 727

Chapter 23

Carbohydrate Metabolism 732

- 23.1 The Digestion of Carbohydrates 733
- 23.2 Blood Glucose 734
- 23.3 Glycolysis 734
- 23.4 The Fates of Pyruvate 738
- 23.5 The Citric Acid Cycle 740
- 23.6 The Electron Transport Chain 743
- **23.7** Oxidative Phosphorylation 743
- 23.8 The Complete Oxidation of Glucose 745
- 23.9 Glycogen Metabolism 747
- 23.10 Gluconeogenesis 749

23.11 The Hormonal Control of Carbohydrate Metabolism 751 Concept Summary 753 Key Terms and Concepts 754 Key Reactions 754 Exercises 755 Additional Exercises 757 Chemistry for Thought 757 Allied Health Exam Connection 758 Case Study 732 ASK AN EXPERT 23.1 How can we avoid energy crashes? 736 CHEMISTRY AROUND US 23.1 Lactate Accumulation 742 STUDY SKILLS 23.1 Key Numbers for ATP Calculations 748 CHEMISTRY AROUND US 23.2 What Is the Best Weight-Loss Strategy? 750 CHEMISTRY TIPS FOR LIVING WELL 23.1 Choose Complex Carbohydrates 752

Case Study Follow-up 753

Chapter 24

Lipid and Amino Acid Metabolism 760

- 24.1 Blood Lipids 761
- 24.2 Fat Mobilization 765
- 24.3 Glycerol Metabolism 766
- 24.4 The Oxidation of Fatty Acids 766
- **24.5** The Energy from Fatty Acids 769
- 24.6 Ketone Bodies 770
- 24.7 Fatty Acid Synthesis 772
- 24.8 Amino Acid Metabolism 773

24.9	Amino Acid Catabolism: The Fate of the Nitrogen Atoms 774		The Constituents of Urine 796
24.10	Amino Acid Catabolism: The Fate of the Carbon Skeleton 778	25.6	Fluid and Electrolyte Balance 797 Acid–Base Balance 799 Buffer Control of Blood pH 799
24.11		25.7 25.8 25.9	Buffer Control of Blood pH 799 Respiratory Control of Blood pH 800 Acidosis and Alkalosis 801 Concept Summary 804 Key Terms and Concepts 805 Key Reactions 805 Exercises 805 Additional Exercises 806 Chemistry for Thought 807 Allied Health Exam Connection 807 Case Study 788 ASK A PHARMACIST 25.1 Performance-En Drugs 792 CHEMISTRY TIPS FOR LIVING WELL 25 Right Pre-Exercise Foods 794
	 (PKU) 779 CHEMISTRY AROUND US 24.2 Phenylalanine and Diet Foods 780 Case Study Follow-up 782 		CHEMISTRY AROUND US 25.1 Pulse Oximetry 798 Case Study Follow-up 804

ance 799 ol of Blood pH 799 ontrol of Blood pH 800 ol of Blood pH 800 Alkalosis 801 nary 804 Concepts 805 805 cises 806 hought 807 kam Connection 807 38 ACIST 25.1 Performance-Enhancing PS FOR LIVING WELL 25.1 Select the rcise Foods 794 ROUND US 25.1 Pulse 98 ow-up 804

Chapter 25

Body Fluids 788

25.1	A Comparison of Body Fluids	789
	, companison of body flatas	, 05

25.2 Oxygen and Carbon Dioxide Transport 790

25.3 Chemical Transport to the Cells 795

Appendix A	The International System of Measurements A-1
Appendix B	Answers to Even-Numbered End-of-Chapter Exercises <i>B-1</i>
Appendix C	Solutions to Learning Checks C-1
Glossary	G-1
Index	1-1

Preface

The Image of Chemistry

We, as authors, are pleased that the acceptance of the previous eight editions of this textbook by students and their teachers has made it possible to publish this ninth edition. In the earlier editions, we expressed our concern about the negative image of chemistry held by many of our students, and their genuine fear of working with chemicals in the laboratory. Unfortunately, this negative image not only persists, but seems to be intensifying. Reports in the media related to chemicals or to chemistry continue to be primarily negative, and in many cases seem to be designed to increase the fear and concern of the general public. With this edition, we continue to hope that those who use this book will gain a more positive understanding and appreciation of the important contributions that chemistry makes in their lives.

Theme and Organization

This edition continues the theme of the positive and useful contributions made by chemistry in our world.

This text is designed to be used in either a two-semester or three-quarter course of study that provides an introduction to general chemistry, organic chemistry, and biochemistry. Most students who take such courses are majoring in nursing, other health professions, or the life sciences, and consider biochemistry to be the most relevant part of the course of study. However, an understanding of biochemistry depends upon a sound background in organic chemistry, which in turn depends upon a good foundation in general chemistry. We have attempted to present the general and organic chemistry in sufficient depth and breadth to make the biochemistry understandable.

The decisions about what to include and what to omit from the text were based on our combined 75-plus years of teaching, input from numerous reviewers and adopters, and our philosophy that a textbook functions as a personal tutor to each student. In the role of a personal tutor, a text must be more than just a collection of facts, data, and exercises. It should also help students relate to the material they are studying, carefully guide them through more difficult material, provide them with interesting and relevant examples of chemistry in their lives, and become a reference and a resource that they can use in other courses or their professions.

New to This Edition

In this ninth edition of the text, we have some exciting new features, including Ask a Pharmacist boxes written by Marvin Orrock and Chemistry Tips for Living Well. We have also retained features that received a positive reception from our own students, the students of other adopters, other teachers, and reviewers. The retained features are Case Studies, which begin each chapter, including 8 new to this edition; 45 Chemistry Around Us boxes, including 19 new to this edition; 23 Study Skills boxes; 4 How Reactions Occur boxes; and 10 Ask an Expert boxes. The 12 Ask a Pharmacist boxes reflect coverage of both prescription and nonprescription health-related products. The 25 Chemistry Tips for Living Well contain current chemistry-related health issues and suggestions. In addition, approximately 10% of the end-of-chapter exercises have been changed.

Also new to this edition are many new photographs and updated art to further enhance student comprehension of key concepts, processes, and preparation.

Revision Summary of Ninth Edition:

Chapter 1:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Ask an Expert: Does Food Density Matter When You're Trying to Lose Weight?
- New Chemistry Around Us: Are Chemicals Getting a Bad Rap?
- New Chemistry Tips for Living Well: Choose Wisely for Health Information
- 10% new Exercises

Chapter 2:

- Several revised figures
- New photography
- Updated element table
- New Chemistry Around Us: Chemical Elements in the Human Body
- New Ask a Pharmacist: *Uprooting Herbal Myths*
- New Chemistry Tips for Living Well: Take Care of Your Bones
- 10% new Exercises

Chapter 3:

- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Watch the Salt
- New Chemistry Around Us: A Solar Future
- New Chemistry Around Us: *Transition and Inner-Transition Elements in Your Smart Phone*
- 10% new Exercises

Chapter 4:

- Several revised figures
- New photography
- New Ask a Pharmacist: Are All Iron Preparations Created Equal?
- New Chemistry Tips for Living Well: Consider the Mediterranean Diet
- New Chemistry Around Us: Ozone: Good up High, Bad Nearby
- 10% new Exercises

Chapter 5:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Add Color to Your Diet
- New Chemistry Around Us: Teeth Whitening
- New Chemistry Around Us: *Electric Cars*
- 10% new Exercises

Chapter 6:

- Several revised figures
- New photography
- New Ask a Pharmacist: Zinc for Colds?
- New Chemistry Tips for Living Well: Get an Accurate Blood Pressure Reading
- New Chemistry Around Us: *Air Travel*
- 10% new Exercises

Chapter 7:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Chemistry Around Us: Health Drinks
- New Chemistry Around Us: CO, Emissions: A Blanket around the Earth
- New Chemistry Tips for Living Well: Stay Hydrated
- 10% new Exercises

Chapter 8:

- Several revised figures
- New photography
- New Ask a Pharmacist: *Energy for Sale*
- New Chemistry Around Us: Why "Cold" Does Not Exist
- New Chemistry Tips for Living Well: Use Your Phone to Help You Stay Healthy
- 10% new Exercises

Chapter 9:

- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Beware of Heartburn
- New Chemistry Around Us: Sinkholes
- 10% new Exercises

Chapter 10:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Ask a Pharmacist: Medications to Avoid on Test Day
- New Chemistry Tips for Living Well: Check the Radon Level in Your Home
- 10% new Exercises

Chapter 11:

- Several revised figures
- New photography
- New Chemistry Around Us: Fracking Oil Wells
- New Chemistry Around Us: Reducing Your Carbon Footprint
- New Chemistry Tips for Living Well: Take Care of Dry Skin
- 10% new Exercises

Chapter 12:

- Several revised figures
- New photography
- New Ask a Pharmacist: Controlled Substances
- New Chemistry Tips for Living Well: Think before Getting Brown
- New Chemistry Around Us: Three-Dimensional Printers
- New Chemistry Around Us: *Polycarbonate—The Lucky Polymer*
- New Chemistry Around Us: Graphene
- 10% new Exercises

Chapter 13:

- Several revised figures
- New photography

- New Ask a Pharmacist: Marijuana: A Gateway Drug
- New Chemistry Tips for Living Well: Take Advantage of Hand Sanitizers
- 10% new Exercises

Chapter 14:

- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Get the Right Dose of Exercise
- 10% new Exercises

Chapter 15:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Consider Low-Dose Aspirin
- 10% new Exercises

Chapter 16:

- Several revised figures
- New photography
- New Ask a Pharmacist: A Wake-Up Call for Treating Insomnia
- New Chemistry Tips for Living Well: Try a Little Chocolate
- 10% new Exercises

Chapter 17:

- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Put Fiber into Snacks and Meals
- 10% new Exercises

Chapter 18:

- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Consider Olive Oil
- New Chemistry Around Us: Biofuels Move into the Kitchen
- 10% new Exercises

Chapter 19:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Ask a Pharmacist: Who Really Needs Gluten-Free Food?
- New Chemistry Around Us: A Milk Primer
- New Chemistry Tips for Living Well: Go for the Good Grains
- 10% new Exercises

Chapter 20:

- Several revised figures
- New photography
- New Ask a Pharmacist: Treatment Options for the Common Cold
- New Chemistry Around Us: No Milk Please
- New Chemistry Tips for Living Well: Cut Back on Processed Meat
- 10% new Exercises

Chapter 21:

- New Case Study
- New Case Study Follow-up
- Several revised figures
- New photography
- New Chemistry Tips for Living Well: *Reduce Your Chances* for Developing Cancer
- 10% new Exercises

Chapter 22:

- Several revised figures
- New photography
- New Ask a Pharmacist: Sports Supplements: Where Is My Edge?
- New Chemistry Tips for Living Well: Select a Heart-Healthful Diet
- 10% new Exercises

Chapter 23:

- Several revised figures
- New photography
- New Chemistry Tips for Living Well: Choose Complex Carbohydrates
- 10% new Exercises

Chapter 24:

- New Case Study
- New Case Study Follow-up
- New photography
- New Chemistry Tips for Living Well: Pick the Right Fats
- 10% new Exercises

Chapter 25:

- New photography
- New Ask a Pharmacist: Performance-Enhancing Drugs
- New Chemistry Tips for Living Well: Select the Right Pre-Exercise Foods
- 10% new Exercises

Features

Each chapter has features especially designed to help students study effectively, as well as organize, understand, and enjoy the material in the course.

Case Studies. These scenarios introduce you the students to diverse situations a health care professional might encounter. The purpose of the case studies is to stimulate inquiry; for that reason, we've placed them at the beginning of each chapter of the book. Vocabulary and scenarios may be unfamiliar to you who are studying these course materi-

Case Study

Purpose: The case study scenarios introduce diverse situations that a health care professional might encounter. Their purpose is to stimulate inquiry; for that reason, we've placed them at the beginning of each chapter. Vocabulary and scenarios may be unfamiliar, but our intention is to stimulate questions and to pique curiosity. Medicine has long been described as an art as well as a science. The questions raised by these case studies rarely have a single correct answer. With the knowledge that you gain from this text, and your future training, acceptable answers to the questions raised in our scenarios will become apparent.

Disclaimer: Some of the case studies are based on real-life situations. In such cases, names have been changed to protect the individual's anonymity.

als, but our intent is to raise questions and pique your curiosity. Medicine has long been described as an art. The questions raised by these case studies rarely have a single correct answer. With the knowledge that you gain from this text and your future training,

acceptable answers to the questions raised in our scenarios will become apparent. A Case Study Follow-up to each Case Study can be found at the end of each chapter before the Concept Summary.

Chapter Outlines and Learning Objectives. At the beginning of each chapter, a list of learning objectives provides students with a convenient overview of what they should gain by studying the chapter. In order to help students navigate through each chapter and focus on key concepts, these objectives are repeated at the beginning of the section in which the applicable information is discussed. The objectives are referred to again in the concept summary at the end of each chapter along with one or two suggested end-of-chapter exercises. By working the suggested exercises, students get a quick indication of how well they have met the stated learning objectives. Thus, students begin each chapter with a set of objectives and end with an indication of how well they satisfied the objectives.

Key Terms. Identified within the text by the use of bold type, key terms are defined in the margin near the place where they are introduced. Students reviewing a chapter can quickly identify the important concepts on each page with this marginal glossary. A full glossary of key terms and concepts appears at the end of the text.

Ask a Pharmacist. These boxed features written by Marvin Orrock, Pharm.D., contain useful information about health-related products that are readily available to consumers with or without a prescription. The information in each box provides a connection between the chemical behavior of the product and its effect on the body.

ASK A PHARMACIST 12.1

Controlled Substances

So what are *controlled substance*, anyway, and why do we have them? Before we answer those questions, let's briefly review the major legislation that pertains to products used as medicines. Prior to the 1900s there were no governmental regulations on foods or drugs. As a result, some products were contaminated and some not labeled accurately. Consequently, the U.S. Congress passed the Pure Food and Drug Act of 1906. It proved to be helpful, but opiates and cocaine were not regulated. A significant percentage of the population became addicted, and many deaths were attributed to the use of products that were "pure" and "labeled" correctly but still contained addicting materials. In 1914 the Harrison Act United States, or a currently accepted medical use with severe restrictions. Abuse of the substance might lead to severe psychological or physical dependence (e.g., Percocet, Demerol, Ritalin).

Schedule III: The substance has a potential for abuse less than the compounds in Schedules I and II. The substance has a currently accepted medical use for treatment in the United States. Abuse of the substance might lead to moderate or low physical dependence or high psychological dependence (e.g., Tylenol with codeine used for pain, anabolic steroids).

Schedule IV: The substance has a low potential for abuse relative to the compounds in Schedule III. The substance has a currently accepted medical use for treatment in the United States. Abuse of the substance might lead to limited physical dependence or psychological dependence relative to the sub-

Chemistry Around Us. These boxed features present everyday applications of chemistry that emphasize in a real way the important role of chemistry in our lives. Thirty percent of these are new to this edition and emphasize health-related applications of chemistry.

Chemistry Tips for Living Well. These boxed features contain current chemistryrelated health issues such as "Add Color to Your Diet," and suggestions for maintaining good health such as "Consider the Mediterranean Diet," "Cut Back on Processed Meat," and "Try a Little Chocolate."

CHEMISTRY TIPS FOR LIVING WELL 14.1

Get the Right Dose of Exercise

Experts agree that exercise is one of the best preventative "medicines" available. It increases energy, stamina, and one's sense of well-being. In the long term it also reduces the risk of premature death from cardiovascular disease. Put simply, it makes you feel better and live longer. We expect medicines to make us feel better when we are ill. But exercise acts as a powerful medicine to prevent illness. How do you know what the proper dose is? Do you need to exercise on a daily basis or will a weekly dose provide the desired health benefits? Just how little can you get away with and stay healthy?

Researchers arrive at the proper dose by examining

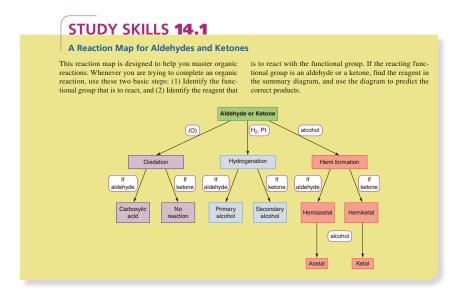
times the recommended amount), health benefits are comparable to those achieved by people who merely meet the minimum requirements. In other words, many extra hours of exercise do not equate to huge gains in longevity. On the other hand, many times the recommended exercise level is not considered to be harmful. It is difficult to overdose on moderate exercise.

Intensity, as well as frequency, should be considered when calculating the ideal exercise dose. People who spend part of their daily exercise time in vigorous activity, rather than moderate activity alone (e.g., running instead of walking) reap additional health benefits. People who spent up to **Ask an Expert.** These boxed features, written by Melina B. Jampolis, M.D., engage students by presenting questions and answers about nutrition and health, as related to chemistry, that are relevant and important in today's world.

Examples. To reinforce students in their problem-solving skill development, complete step-by-step solutions for numerous examples are included.

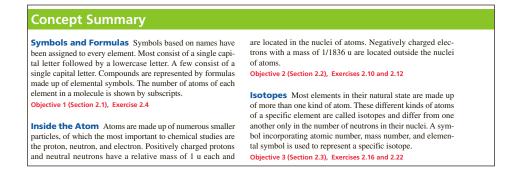
Learning Checks. Short self-check exercises follow examples and discussions of key or difficult concepts. A complete set of solutions is included in Appendix C. These allow students to measure immediately their understanding and progress.

Study Skills. Most chapters contain a *Study Skills* feature in which a challenging topic, skill, or concept of the chapter is addressed. Study suggestions, analogies, and approaches are provided to help students master these ideas.



How Reactions Occur. The mechanisms of representative organic reactions are presented in four boxed inserts to help students dispel the mystery of how these reactions take place.

Concept Summary. Located at the end of each chapter, this feature provides a concise review of the concepts and includes suggested exercises to check achievement of the learning objectives related to the concepts.



Key Terms and Concepts. These are listed at the end of the chapter for easy review, with a reference to the chapter section in which they are presented.

Key Equations. This feature provides a useful summary of general equations and reactions from the chapter. This feature is particularly helpful to students in the organic chemistry chapters.

Exercises. Nearly 1,700 end-of-chapter exercises are arranged by section. Approximately half of the exercises are answered in the back of the text. Complete solutions to these answered exercises are included in the Student Study Guide. Solutions and answers to the remaining exercises are provided in the Instructor's Manual. We have included a significant number of clinical and other familiar applications of chemistry in the exercises.

Chemistry for Thought. Included at the end of each chapter are special questions designed to encourage students to expand their reasoning skills. Some of these exercises are based on photographs found in the chapter, while others emphasize clinical or other useful applications of chemistry.

Allied Health Exam Connection. These examples of chemistry questions from typical entrance exams used to screen applicants to allied health professional programs help students focus their attention on the type of chemical concepts considered important in such programs.

Allied Health Exam Connection				
 The following questions are from these sources: Nursing School Entrance Exam © 2005, Learning Express, LLC. McGraw-Hill's Nursing School Entrance Exams by Thomas A. Evangelist, Tamara B. Orr, and Judy Unrein © 2009, The McGraw-Hill Companies, Inc. NSEE Nursing School Entrance Exams, 3rd edition © 2009, Kaplan Publishing. 	 Cliffs Test Prep: Nursing School Entrance Exams by Fred N. Grayson © 2004, Wiley Publishing, Inc. Peterson's Master the Nursing School and Allied Health Entrance Exams, 18th edition by Marion F. Gooding © 2008, Peterson's, a Nelnet Company. 			
 9.137 An acid is a substance that dissociates in water into one or more ions and one or more a. hydrogen anions b. hydrogen cations c. hydroxide cations d. hydroxide cations 9.138 A base is a substance that dissociates in water into one or more ions and one or more a. hydrogen anions b. hydrogen anions c. hydroxide anions c. hydroxide anions c. hydroxide anions 	 9.143 Dissolving H₂SO₄ in water creates an acid solution by increasing the: a. sulfate ions. b. water ions. c. hydrogen ions. 9.144 When a solution has a pH of 7, it is: a. a strong base. b. a strong acid. c. a weak base. d. neutral. 			

Possible Course Outlines

This text may be used effectively in either a two-semester or three-quarter course of study:

First semester: Chapters 1–13 (general chemistry and three chapters of organic chemistry)

Second semester: Chapters 14–25 (organic chemistry and biochemistry)

First semester: Chapters 1–10 (general chemistry)

Second semester: Chapters 11–21 (organic chemistry and some biochemistry)

First quarter: Chapters 1–10 (general chemistry)

Second quarter: Chapters 11–18 (organic chemistry)

Third quarter: Chapters 19–25 (biochemistry)

Supporting Materials

Please visit http://www.cengage.com/chemistry/seager/gob9e for information about student and instructor resources for this text.

Acknowledgments

We express our sincere appreciation to the following reviewers, who helped us revise the many editions:

Hugh Akers Lamar University-Beaumont Johanne I. Artman Del Mar College Gabriele Backes Portland Community College Bruce Banks University of North Carolina–Greensboro David Boykin Georgia State University Deb Breiter Rockford College Lorraine C. Brewer University of Arkansas Martin Brock Eastern Kentucky University Jonathan T. Brockman College of DuPage Kathleen Brunke Christopher Newport University Christine Brzezowski University of Utah Sybil K. Burgess University of North Carolina–Wilmington Sharmaine S. Cady East Stroudsburg University Linda J. Chandler Salt Lake Community College Tom Chang Utah State University Ngee Sing Chong Middle Tennessee State University Judith Ciottone Fitchburg State University Caroline Clower Clayton State University Sharon Cruse Northern Louisiana University Thomas D. Crute Augusta College Jack L. Dalton Boise State University Lorraine Deck University of New Mexico Kathleen A. Donnelly Russell Sage College

Jan Fausset Front Range Community College Patricia Fish The College of St. Catherine Harold Fisher University of Rhode Island John W. Francis Columbus State Community College Wes Fritz College of DuPage Jean Gade Northern Kentucky University Galen George Santa Rosa Junior College Anita Gnezda **Ball State University** Meldath Govindan Fitchburg State University Jane D. Grant Florida Community College James K. Hardy University of Akron Leland Harris University of Arizona Robert H. Harris University of Nebraska-Lincoln David C. Hawkinson University of South Dakota Jack Hefley Blinn College Claudia Hein Diablo Valley College John Henderson Jackson Community College Mary Herrmann University of Cincinnati Arthur R. Hubscher Brigham Young University-Idaho Kenneth Hughes University of Wisconsin–Oshkosh Jeffrey A. Hurlbut Metropolitan State College of Denver Jim Johnson Sinclair Community College Richard. F. Jones

Frederick Jury Collin County Community College

Lidija Kampa Kean College of New Jersey

Laura Kibler-Herzog Georgia State University

Margaret G. Kimble Indiana University–Purdue University Fort Wayne James F. Kirby Quinnipiac University

Peter J. Krieger Palm Beach Community College

Terrie L. Lampe De Kalb College–Central Campus

Carol Larocque *Cambrian College*

Richard Lavallee Santa Monica College

Donald Linn Indiana University—Purdue University Fort Wayne

Leslie J. Lovett Fairmont State College

James Luba University of Arkansas at Little Rock

Regan Luken University of South Dakota

Gregory Marks Carroll University

Armin Mayr El Paso Community College

James McConaghy *Wayne College*

Evan McHugh Pikes Peak Community College

Trudy McKee Thomas Jefferson University

Melvin Merken Worcester State College

W. Robert Midden Bowling Green State University

Pamela S. Mork Concordia College

Phillip E. Morris, Jr. University of Alabama–Birmingham

Robert N. Nelson Georgia Southern University

Marie Nguyen Highline Community College Elva Mae Nicholson Eastern Michigan University

H. Clyde Odom Charleston Southern University

Howard K. Ono California State University–Fresno

Jeff Owens Highline Community College

Dwight Patterson Middle Tennessee State University

James A. Petrich San Antonio College

Thomas G. Richmond University of Utah

James Schreck University of Northern Colorado

William Scovell Bowling Green State University

Jean M. Shankweiler El Camino Community College

Francis X. Smith *King's College*

J. Donald Smith University of Massachusetts–Dartmouth

Malcolm P. Stevens University of Hartford

Eric R. Taylor University of Southwestern Louisiana

Krista Thomas Johnson County Community College

Linda Thomas-Glover Guilford Technical Community College

James A. Thomson University of Waterloo

Mary Lee Trawick Baylor University

Katherin Vafeades University of Texas–San Antonio

John Vincent University of Alabama

Scott White Southern Arkansas University

Cary Willard Grossmont College

Don Williams *Hope College*

Les Wynston California State University–Long Beach

Jean Yockey University of South Dakota We also give special thanks to Dawn Giovanniello, Product Director, and Peter McGahey, Senior Content Developer for Cengage Learning, who guided and encouraged us in the preparation of this ninth edition. We would also like to thank Teresa Trego, Senior Content Project Manager; Elizabeth Woods, Content Developer and Ana Albinson, Associate Marketing Manager. All were essential to the team and contributed greatly to the success of the project. We are very grateful for the superb work of Prashant Kumar Das of MPS Limited for his outstanding coordination of production, and Erika Mugavin, IP Project Manager, for coordinating the excellent photos. We are especially pleased with the new feature Ask a Pharmacist and wish to thank Marvin Orrock for his excellent work. We appreciate the significant help of four associates: Monica Linford, who did an excellent job writing 8 new case studies, Mary Ann Francis, who helped with submitting the manuscript, Kimberly Francis, who helped write the Chemistry Around Us features, and David Shinn of the U.S. Merchant Marine Academy for assistance with accuracy checking.

Finally, we extend our love and heartfelt thanks to our families for their patience, support, encouragement, and understanding during a project that occupied much of our time and energy.

Spencer L. Seager

Michael R. Slabaugh Maren S. Hansen



Matter, Measurements, and Calculations



Case Study

Purpose: The case study scenarios introduce diverse situations that a health care professional might encounter. Their purpose is to stimulate inquiry; for that reason, we've placed them at the beginning of each chapter. Vocabulary and scenarios may be unfamiliar, but our intention is to stimulate questions and to pique curiosity. Medicine has long been described as an art as well as a science. The questions raised by these case studies rarely have a single correct answer. With the knowledge that you gain from this text, and your future training, acceptable answers to the questions raised in our scenarios will become apparent.

Disclaimer: Some of the case studies are based on real-life situations. In such cases, names have been changed to protect the individual's anonymity.

Any resemblance to a particular person is purely coincidental. Models are used in all photos illustrating the cases. No photos of actual people experiencing particular medical scenarios are ever used in this text.

Case Study: Katie enjoyed well-child appointments at the military clinic. Because of the remote location, several doctors operated the clinic in turn. Katie liked the positive feedback at Norah's two-week checkup, where doctors praised Katie for her attentive mothering and congratulated her on Norah's impressive weight gain on what one doctor called "high-octane" milk. Today, at Norah's nine-month check, the nurse recorded important measurements of weight, length, temperature, and head circumference. Doctor Watson pondered these for a disconcertingly long time. He asked questions, including "Does she crawl?" and "Can she say ten words?" Dr. Watson admitted his concern about microcephaly and directed that Norah should be returned every two weeks for head measurements. Katie felt sure of her daughter's intelligence, but perhaps she was just a proud parent. Two months later, a different pediatrician examined Norah and reassured Katie that hats come in different sizes for a reason. Now, thirty years later, Norah's name is followed by Ph.D.

What other factors should the doctor consider when microcephaly is suspected? How important is it for medical professionals to consider the emotional impact of their diagnoses on family members (e.g., the mother's anxiety)?

Follow-up to this Case Study appears at the end of the chapter before the Concept Summary.

Learning Objectives

When you have completed your study of this chapter, you should be able to:

- 1 Explain what matter is. (Section 1.1)
- 2 Explain the difference between the terms *physical* and *chemical* as applied to the properties of matter and changes in matter. (Section 1.2)
- 3 Describe matter in terms of the accepted scientific model. (Section 1.3)
- 4 On the basis of observation or information given to you, classify matter into the correct category of each of the following pairs: heterogeneous or homogeneous, solution or pure substance, and element or compound. (Section 1.4)
- **5** Recognize the use of measurement units in everyday activities. **(Section 1.5)**

- 6 Recognize units of the metric system, and convert measurements done using the metric system into related units. (Section 1.6)
- 7 Express numbers using scientific notation, and do calculations with numbers expressed in scientific notation.
 (Section 1.7)
- 8 Express the results of measurements and calculations using the correct number of significant figures. (Section 1.8)
- 9 Use the factor-unit method to solve numerical problems. (Section 1.9)
- **10** Do calculations involving percentages. **(Section 1.10)**
- 11 Do calculations involving densities. (Section 1.11)

hemistry is often described as the scientific study of matter. In a way, almost any study is a study of matter, because matter is the substance of everything. Chemists, however, are especially interested in matter; they study it and attempt to understand it from nearly every possible point of view.

The chemical nature of all matter makes an understanding of chemistry useful and necessary for individuals who are studying in a wide variety of areas, including the

health sciences, the natural sciences, home economics, education, environmental science, and law enforcement.

Matter comes in many shapes, sizes, and colors that are interesting to look at and describe. Early chemists did little more than describe what they observed, and their chemistry was a descriptive science that was severely limited in scope. It became a much more useful science when chemists began to make quantitative measurements, do calculations, and incorporate the results into their descriptions. Some fundamental ideas about matter are presented in this chapter, along with some ideas about quantitative measurement, the scientific measurement system, and calculations.

1.1 What Is Matter?

Learning Objective

1. Explain what matter is.

Definitions are useful in all areas of knowledge; they provide a common vocabulary for both presentations to students and discussions between professionals. You will be expected to learn a number of definitions as you study chemistry, and the first one is a definition of *matter*. Earlier, we said that matter is the substance of everything. That isn't very scientific, even though we think we know what it means. If you stop reading for a moment and look around, you will see a number of objects that might include people, potted plants, walls, furniture, books, windows, and a TV set or radio. The objects you see have at least two things in common: Each one has mass, and each one occupies space. These two common characteristics provide the basis for the scientific definition of matter. **Matter** is anything that has mass and occupies space. You probably understand what is meant by an object occupying space, especially if you have tried to occupy the same space as some other object. The resulting physical bruises leave a lasting mental impression.

You might not understand the meaning of the term *mass* quite as well, but it can also be illustrated "painfully." Imagine walking into a very dimly lit room and being able to just barely see two large objects of equal size on the floor. You know that one is a bowling ball and the other is an inflated plastic ball, but you can't visually identify which is which. However, a hard kick delivered to either object easily allows you to identify each one. The bowling ball resists being moved much more strongly than does the inflated ball. Resistance to movement depends on the amount of matter in an object, and **mass** is an actual measurement of the amount of matter present.

The term *weight* is probably more familiar to you than *mass*, but the two are related. All objects are attracted to each other by gravity, and the greater their mass, the stronger the attraction between them. The **weight** of an object on Earth is a measurement of the gravitational force pulling the object toward Earth. An object with twice the mass of a second object is attracted with twice the force, and therefore has twice the weight of the second object. The mass of an object is constant no matter where it is located (even if it is in a weightless condition in outer space). However, the weight of an object depends on the strength of the gravitational attraction to which it is subjected. For example, a rock that weighs 16 pounds on Earth would weigh about 2.7 pounds on the moon because the gravitational attraction is only about one-sixth that of Earth. However, the rock contains the same amount of matter and thus has the same mass whether it is located on Earth or on the moon.

Despite the difference in meaning between mass and weight, the determination of mass is commonly called "weighing." We will follow that practice in this book, but we will use the correct term *mass* when referring to an amount of matter.

matter Anything that has mass and occupies space.

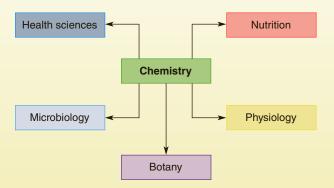
mass A measurement of the amount of matter in an object.

weight A measurement of the gravitational force acting on an object.

CHEMISTRY AROUND US 1.1

A Central Science

Chemistry is often referred to as the "central science" because it serves as a necessary foundation for many other scientific disciplines. Regardless of which scientific field you are interested in, every single substance you will discuss or work with is made up of chemicals. Also, many processes important to those fields will be based on an understanding of chemistry. As you read this text, you will encounter chapter opening photos dealing with applications of chemistry in the health-care professions. Within the chapters, other Chemistry Around Us boxes focus on specific substances that play essential roles in meeting the needs of society.



Chemistry is the foundation for many other scientific disciplines.

We also consider chemistry a central science because of its crucial role in responding to the needs of society. We use chemistry to discover new processes, develop new sources of energy, produce new products and materials, provide more food, and ensure better health.



Chemicals are present in everything we can touch, smell, or see. Chemistry is all around us.

1.2 Properties and Changes

Learning Objective

2. Explain the difference between the terms *physical* and *chemical* as applied to the properties of matter and changes in matter.

When you looked at your surroundings earlier, you didn't have much trouble identifying the various things you saw. For example, unless the decorator of your room had unusual tastes, you could easily tell the difference between a TV set and a potted plant by observing such characteristics as shape, color, and size. Our ability to identify objects or materials and discriminate between them depends on such characteristics. Scientists prefer to use the term *property* instead of *characteristic*, and they classify properties into two categories, physical and chemical.

Physical properties are those that can be observed or measured without changing or trying to change the composition of the matter in question—no original substances are destroyed, and no new substances appear. For example, you can observe the color or measure the size of a sheet of paper without attempting to change the paper into anything else. Color and size are physical properties of the paper. **Chemical properties** are the properties matter demonstrates when attempts are made to change it into other kinds of matter. For example, a sheet of paper can be burned; in the process, the paper is changed into new substances. On the other hand, attempts to burn a piece of glass under similar conditions fail. The ability of paper to burn is a chemical property, as is the inability of glass to burn.

physical properties Properties of matter that can be observed or measured without trying to change the composition of the matter being studied.

chemical properties Properties that matter demonstrates when attempts are made to change it into new substances.



CHEMISTRY AROUND US 1.2

Are Chemicals Getting a Bad Rap?

The following question was overheard in a grocery store when a customer approached a sales clerk and asked, "Are there any chemicals in this yogurt?" If the clerk had been a chemistry student, a correct answer would have been "Of course, the yogurt itself is made of chemicals."

The reason for this correct answer is that all matter, including yogurt, is made up of atoms of the elements. This means that any sample of any kind of matter contains atoms, and therefore contains chemicals. What the customer really should have asked is a more specific question, such as "Does this yogurt contain any chemical preservative?" or, if the customer had a condition such as lactose intolerance, "Does this yogurt contain any lactose?"

However, unfortunately, in today's world the word "chemical" is often used in a negative way, as illustrated by this conversation. Hopefully, students using this textbook will be taking a course that will eliminate the negative feeling toward chemistry and chemicals.



Images/DAWN VILLEL

All matter, including yogurt, is comprised of chemicals.

physical changes Changes matter undergoes without changing composition.

chemical changes Changes matter undergoes that involve changes in composition. You can easily change the size of a sheet of paper by cutting off a piece. The paper sheet is not converted into any new substance by this change, but it is simply made smaller. **Physical changes** can be carried out without changing the composition of a substance. However, there is no way you can burn a sheet of paper without changing it into new substances. Thus, the change that occurs when paper burns is called a **chemical change. Figure 1.1** shows an example of a chemical change, the burning of magnesium metal. The bright light produced by this chemical change led to the use of magnesium in the flash powder used in early photography. Magnesium is still used in fireworks to produce a brilliant white light.

Example 1.1 Classifying Changes as Physical or Chemical

Classify each of the following changes as physical or chemical: (a) a match is burned; (b) iron is melted; (c) limestone is crushed; (d) limestone is heated, producing lime and carbon dioxide; (e) an antacid seltzer tablet is dissolved in water; and (f) a rubber band is stretched.

Solution

Changes b, c, and f are physical changes because no composition changes occurred and no new substances were formed.

The others are chemical changes because new substances were formed. A match is burned—combustion gases are given off, and matchstick wood is converted to ashes. Limestone is heated—lime and carbon dioxide are the new substances. A seltzer tablet is dissolved in water—the fizzing that results is evidence that at least one new material (a gas) is produced.

✓ **LEARNING CHECK 1.1** Classify each of the following changes as physical or chemical, and, in the cases of chemical change, describe one observation or test that indicates new substances have been formed: (a) milk sours, (b) a wet handkerchief dries, (c) fruit ripens, (d) a stick of dynamite explodes, (e) air is compressed into a steel container, and (f) water boils.



Figure 1.1 A chemical change occurs when magnesium metal burns.

Among the most common physical changes are changes in state, such as the melting of solids to form liquids, the sublimation of solids to form gases, or the evaporation of liquids to form gases. These changes take place when heat is added to or removed from matter, as represented in **Figure 1.2**. We will discuss changes in state in more detail in Chapter 6.



Figure 1.2 Examples of physical change.

1.3 A Model of Matter

Learning Objective

3. Describe matter in terms of the accepted scientific model.

Model building is a common activity of scientists, but the results in many cases would not look appropriate on a fireplace mantle. **Scientific models** are explanations for observed behavior. Some, such as the well-known representation of the solar system, can easily be depicted in a physical way. Others are so abstract that they can be represented only by mathematical equations.

scientific models Explanations for observed behavior in nature.

Matter, Measurements, and Calculations 7

Jeffrey M. Seager



Figure 1.3 A hang glider soars far above the ground. How does this feat confirm that air is matter?

molecule The smallest particle of a pure substance that has the properties of that substance and is capable of a stable independent existence. Alternatively, a molecule is the limit of physical subdivision for a pure substance.

Our present understanding of the nature of matter is a model that has been developed and refined over many years. Based on careful observations and measurements of the properties of matter, the model is still being modified as more is learned. In this book, we will concern ourselves with only some very basic concepts of this model, but even these basic ideas will provide a powerful tool for understanding the behavior of matter.

The study of the behavior of gases—such as air, oxygen, and carbon dioxide—by some of the earliest scientists led to a number of important ideas about matter. The volume of a gas kept at a constant temperature was found to change with pressure. An increase in pressure caused the gas volume to decrease, whereas a decrease in pressure permitted the gas volume to increase. It was also discovered that the volume of a gas maintained at constant pressure increased as the gas temperature was increased. Gases were also found to have mass and to mix rapidly with one another when brought together.

A simple model for matter was developed that explained these gaseous properties, as well as many properties of solids and liquids. Some details of the model are discussed in Chapter 6, but one conclusion is important to us now. All matter is made up of particles that are too small to see (see **Figure 1.3**). The early framers of this model called the small particles *molecules*. It is now known that molecules are the constituent particles of many, but not all, substances. In this chapter, we will limit our discussion to substances made up of molecules. Substances that are not made of molecules are discussed in Sections 4.3 and 4.11.

The results of some simple experiments will help us formally define the term *molecule*. Suppose you have a container filled with oxygen gas and you perform a number of experiments with it. You find that a glowing splinter of wood bursts into flames when placed in the gas. A piece of moist iron rusts much faster in the oxygen than it does in air. A mouse or other animal can safely breathe the gas.

Now suppose you divide another sample of oxygen the same size as the first into two smaller samples. The results of similar experiments done with these samples would be the same as before. Continued subdivision of an oxygen sample into smaller and smaller samples does not change the ability of the oxygen in the samples to behave just like the oxygen in the original sample. We conclude that the physical division of a sample of oxygen gas into smaller and smaller samples does not change the oxygen into anything else—it is still oxygen. Is there a limit to such divisions? What is the smallest sample of oxygen that will behave like the larger sample? We hope you have concluded that the smallest sample must be a single molecule. Although its very small size would make a one-molecule sample difficult to handle, it would nevertheless behave just as a larger sample would—it could be stored in a container, it would make wood burn rapidly, it would rust iron, and it could be breathed safely by a mouse.

We are now ready to formally define the term *molecule*. A **molecule** is the smallest particle of a pure substance that has the properties of that substance and is capable of a stable independent existence. Alternatively, a molecule is defined as the limit of physical subdivision for a pure substance.

In less formal terms, these definitions indicate that a sample of pure substance—such as oxygen, carbon monoxide, or carbon dioxide—can be physically separated into smaller and smaller samples only until there is a single molecule. Any further separation cannot be done physically, but if it were done (chemically), the resulting sample would no longer have the same properties as the larger samples.

The idea that it might be possible to chemically separate a molecule into smaller particles grew out of continued study and experimentation by early scientists. In modern terminology, the smaller particles that make up molecules are called atoms. John Dalton (1766–1844) is generally credited with developing the first atomic theory containing ideas that are still used today. The main points of his theory, which he proposed in 1808, can be summarized in the following five statements:

- 1. All matter is made up of tiny particles called atoms.
- 2. Substances called elements are made up of atoms that are all identical.
- 3. Substances called compounds are combinations of atoms of two or more elements.
- **4.** Every molecule of a specific compound always contains the same number of atoms of each kind of element found in the compound.
- **5.** In chemical reactions, atoms are rearranged, separated, or combined, but are never created nor destroyed.

Early scientists used graphic symbols such as circles and squares to represent the few different atoms that were known at the time. Instead of different shapes, we will use representations such as those in **Figure 1.4** for oxygen, carbon monoxide, and carbon dioxide molecules.

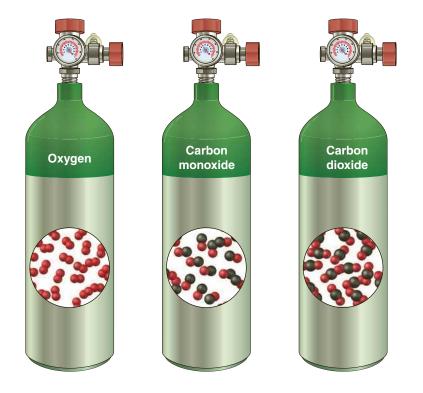
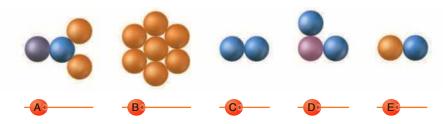


Figure 1.4 Symbolic representations of molecules.

The three pure substances just mentioned illustrate three types of molecules found in matter. Oxygen molecules consist of two oxygen atoms, and are called **diatomic molecules** to indicate that fact. Molecules such as oxygen that contain only one kind of atom are also called **homoatomic molecules** to indicate that the atoms are all of the same kind. Carbon monoxide molecules also contain two atoms and therefore are diatomic molecules. However, in this case the atoms are not identical, a fact indicated by the term **heteroatomic molecule**. Carbon dioxide molecules consist of three atoms that are not all identical, so carbon dioxide molecules are described by the terms **triatomic** and heteroatomic. The words *diatomic* and *triatomic* is usually used to describe molecules that contain more than three atoms.

Example 1.2 Classifying Molecules

Use the terms *diatomic, triatomic, polyatomic, homoatomic,* or *heteroatomic* to classify the following molecules correctly:



diatomic molecules Molecules that contain two atoms.

homoatomic molecules Molecules that contain only one kind of atom.

heteroatomic molecules Molecules that contain two or more kinds of atoms.

triatomic molecules Molecules that contain three atoms.

polyatomic molecules Molecules that contain more than three atoms.

Solution

- A. Polyatomic and heteroatomic (more than three atoms, and the atoms are not all identical)
- B. Polyatomic and homoatomic (more than three atoms, and the atoms are identical)
- C. Diatomic and homoatomic (two atoms, and the atoms are identical)
- D. Triatomic and heteroatomic (three atoms, and the atoms are not identical)
- E. Diatomic and heteroatomic (two atoms, and the atoms are not identical)